



December Newsletter!

With the holiday season upon us, I just wanted to take a moment to thank you for your support this year. It's been an absolute honor to have worked with so many of you and I'm so excited for what's to come in the new year.

Wishing you and your loved ones a wonderful holiday season filled with joy and relaxation!

If you're looking for a unique and memorable gift this Christmas, consider the gift of COLOR! We offer gift cards for all of our services.

[Click to purchase Gift Card](#)



The holiday season is here, and with it comes a whirlwind of parties, gatherings, and festive events. It's the perfect time to show off your personal style while staying comfortable and

confident. One key to feeling great in your holiday attire is choosing clothing that complements YOUR unique body type.

By embracing your shape, you can create flattering looks that highlight your best features. Here's your guide to dressing for your body type this holiday season!

1. Hourglass

For an hourglass body shape, focus on highlighting the waist with cinched styles like belted dresses or high-waisted pants. Opt for fitted, tailored pieces that accentuate your curves and avoid overly loose or boxy clothing. Balance proportions by choosing garments that gently skim over the hips and define the waist, such as pencil skirts or wrap dresses.



2. Rectangle

For a rectangular body type, aim to create the illusion of curves by adding volume and definition to the waist and hips. Opt for clothing that adds structure, like peplum tops, belted dresses, or high-waisted pants. Use layering and asymmetrical designs to create more shape, and avoid overly loose or straight-cut styles. Play with patterns, textures, and details around the bust and hips to add dimension and balance.



3. Triangle

For a triangle body shape, focus on balancing the proportions by drawing attention to the upper body. Choose tops with eye-catching details like ruffles, horizontal stripes, bold patterns, or wide necklines to add volume to the shoulders. Opt for darker or simpler bottoms, such as straight-leg or bootcut pants, to minimize the hip area. A-line skirts and dresses can also help create a more balanced silhouette by gently flaring out from the waist.



4. Inverted Triangle

For an inverted triangle body shape, the goal is to create balance and add emphasis to the lower body. Opt for tops that draw

attention away from the shoulders and avoid wide collars or shoulder pads. For bottoms, look for styles that add volume, like A-line skirts, wide-leg trousers, or peplum details, to create the illusion of a more balanced silhouette. Additionally, consider darker colors for the upper body and lighter or patterned designs for the lower half to enhance the overall proportion.



5.Oval

For an oval body shape, the goal is to create a balanced, elongated silhouette. Choose clothing that drapes softly over the midsection and avoid overly tight fits. V-necklines and A-line dresses or tops can help draw attention upwards and create a flattering shape. Darker colors around the midsection and lighter, brighter tones on the outer areas can also help to streamline the body and draw focus to your best features.



If you're unsure about your body type or need assistance in understanding it better, along with the styles that work best for you, I recommend booking a personal style consultation with me. This includes *two* 90-minute sessions where we take your measurements, identify your body type, assess your figure characteristics, and explore your style personality. You'll receive a personalized style guide packed with dos, don'ts, and plenty of tips to help you look your best!

[Click to book Appointment](#)

SAVE THE DATE!

We had such an amazing turnout at our last Botox event and many of you asked to make this a recurring offer, so here it is!

Nurse Practitioner Selma will be back at the Image Matters Studio for all of your Botox and Filler needs! To simplify the process and save time, we will be requiring RSVP time slots and cash only in order to smoothly accommodate as many people as possible.

If you would like to reserve a spot, please email me at Debie@imagemattersSWFL.com or text 239-454-0044.

**Jan
7th**



**Botox:
\$5/unit
\$225/full face
Filler:
\$300/Syringe**

3-6pm

***Cash Only Event**

Photo Booth



Thanks again for your continued love and support! Without you, Image Matters wouldn't exist! Please take a moment to follow our Instagram Page as this helps expand our reach and make more people aware of our services!

As always, live life in COLOR!

-Debie Grass

[Visit my website](#)

[Follow me on Instagram](#)

Image Matters | 6361 Presidential Ct unit 104c | Fort Myers, FL 33919 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!